

Autumn 2018 Newsletter



“

For the latest news,
photos and updates
Check out our website or
follow us on Facebook
and Instagram.

”



WWW

www.burkeandbeyond.org.au



@burkeandbeyond



Burke and Beyond

Key dates:

Easter Break

Closed 30th March, Back on the 4th of April

Closed Anzac Day 25th of April

Closed for Queen's Birthday 11th of June

July Break

Closed from 9th July, Back on 16th Of July

Message from the Operations Manager

As the New Year settles in, summer moves into autumn and the leaves start to change; so too has something at Burke and Beyond! Our website has had a new lick of paint, a re-shuffle of pages and a little massage to make it friendlier to access via your mobile or tablet.

This has been an exciting project, taking several months of consultation with participants and staff. We tracked down some fresh new

photos and have developed some features that make it easier to contact us. We hope the end product is as appealing to you as it is exciting for us. Please have a look at the website, provide us with some feedback and enjoy an amazing selection of photos taken from our five Burke and Beyond sites.

We also have a social media feed which ensures the latest news is at your fingertips, whether you visit the website

or use the Instagram and Facebook apps.

So it is all happening: the leaves are changing, and so too has the way we communicate and share information. Enjoy!



CEO Article Autumn edition

The NDIS has arrived!

Burke and Beyond welcomes the introduction of the National Disability Insurance Scheme (NDIS) which started in this region in November 2017. We have certainly started to feel the impact of its implementation. So far we have seen almost 25% of our participants being offered a plan by the NDIS and those continue to come thick and fast at the moment. We have had to employ and train extra administrative staff in order to support the implementation of the scheme and the invoicing process.

We have also seen a significant increase in what money is available to participants in order to be supported in doing the things that are important

to them. This will create more opportunities for people who have a plan and it will increase their chances of being involved in their communities. We continue to support the pre-planning process and also participate in planning sessions if we are invited to do so.

On the practical side, it is important that people who do not already have a plan to spend some time preparing before they meet with the Local Area Coordination office. We have seen a large portion of plans having to be reviewed early because items or information were missing, and it can affect our capacity to implement plans in time.

If you need assistance for preparing your plan, you can contact your local coordinator or just check our website for useful planning documentation. For any general information about the NDIS or for more specific information regarding your plan, do not hesitate to give us a call. We look forward to speaking with you.



2018 Autumn Newsletter

Welcome to the Autumn edition of the Burke and Beyond newsletter, complete with a fresh new look! As the leaves fall and the weeks march on, all five of our sites have well and truly settled into 2018.

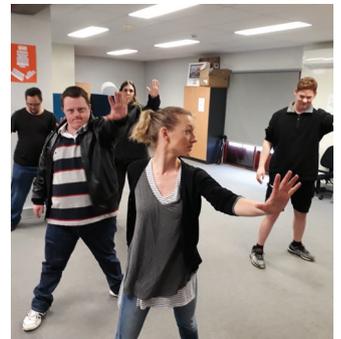
With the introduction of the NDIS, we have been travelling from strength to strength with new staff members, the implementation of new programs and shiny new updates to our website. Our new site at Dandenong is in full operation and Participants have already begun engaging with the community in positive ways. Next Step Blackburn and Bayswater continue to foster independence with travel training and social nights, while Canterbury and Blackburn South engage in physical activities that enrich their everyday lives.

This newsletter features updates from staff as well as contributions directly from our participants. We hope you enjoy the Burke and Beyond 2018 Autumn Newsletter.

Bayswater Next Step

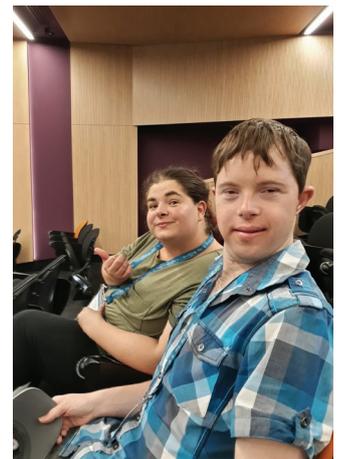
We really like coming to Burke and Beyond Bayswater. In Studio B we get to do dancing, drama, photography and filming. Sometimes we have reception duty where we learn how to answer the phone and organise daily duties.

By Matthew



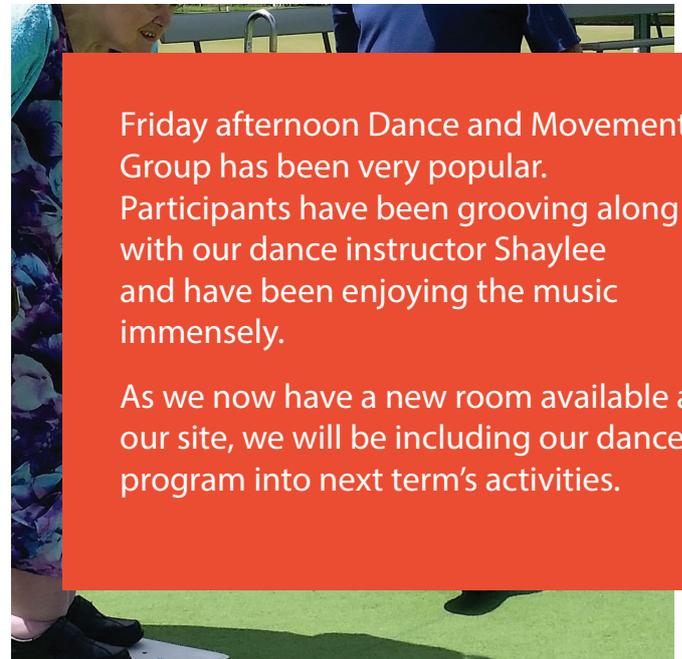
At Burke and Beyond Bayswater we have lots of friends and pizza social night is a great opportunity to meet new people. We do lots of fun activities in women's and men's group. In breakfast club we buy our own food and cook our own breakfast.

By Michael



Autumn Newsletter 2018

Blackburn South has had a busy start to 2018. We have some new programs in place that participants are enjoying being a part of. We also welcome our newest staff member Jan Doyle who has worked in Disability for several years and comes to us with a wealth of experience. We are looking forward to a great Term 2. With a full team on board, we are ready to facilitate some new and fun activities at Blackburn South.

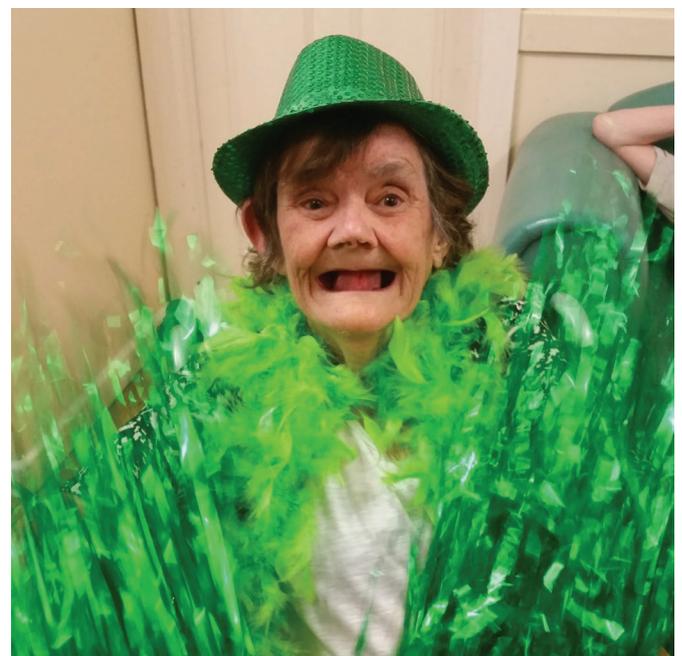


Friday afternoon Dance and Movement Group has been very popular. Participants have been grooving along with our dance instructor Shaylee and have been enjoying the music immensely.

As we now have a new room available at our site, we will be including our dance program into next term's activities.

The Monday afternoon Lawn Bowls Group has been a huge hit. We attend the Blackburn Lawn Bowls Club and are assisted by our wonderful instructor Jeff.

Lawn bowls will resume again in term 4 when the weather warms up.



BLACKBURN

Welcome to 2018

Welcome to our newcomers

Natasha, Zane, Angus, Mikey, Bridget,
Katherine, Kathy, Costa, Michal, Cameron,
Emily and Issy.

2018 is going to be a busy year.

**We hope that they learn, grow and have
new experiences. Enjoy!**

Next Step



Warriors 4 Wildlife

Ilyas, Belinda, Issy and our staff Dara went to Warriors 4 Wildlife. My job was to clean the turtle tub and bucket with the hose. Issy's job was to keep the turtle out of the tub so that Belinda and I could fill it with fresh water. Issy then returned the turtle back to the tub. It was very rewarding working with the animals, but I found the smell of the animals not too nice!

Ilyas Sjam

“
It was very
rewarding
work.”



Travel Training

On Wednesday we went travel training to the city. We went to the Richmond Football Club's home ground and one of the players kicked the ball over the goals. I also got to kick the ball back to the team! After that, we took the tram from Richmond Football Club to Federation Square. We went to the ACMI and played on the PlayStation 4 and Xbox One. The ACMI has old and new games, so I played Rocket League on the PS4. Then we walked to Southbank to have lunch in the food court. I had a Bah-Min and an apple green tea with popping pearls from Cha Time. Then we went back on the train to Blackburn station.

Bridget 2018



Customer Service!

I really enjoy doing the Customer Service course this term. We learnt the different types of workplace behaviours: different handshakes, working in a team, using the telephone and the cash register and different work skills that we are good at.

Callum 2018



Digital Futures

What I liked about this term at Burke and Beyond was the Digital Futures course. In the course, we learnt about the different equipment that some filmmakers use, cinematic techniques, using special handheld digital cameras, and how to come up with a story. This Year, we came up with the story of a Horror Comedy set in a cemetery, and I'm playing the lead character who is a groundskeeper.

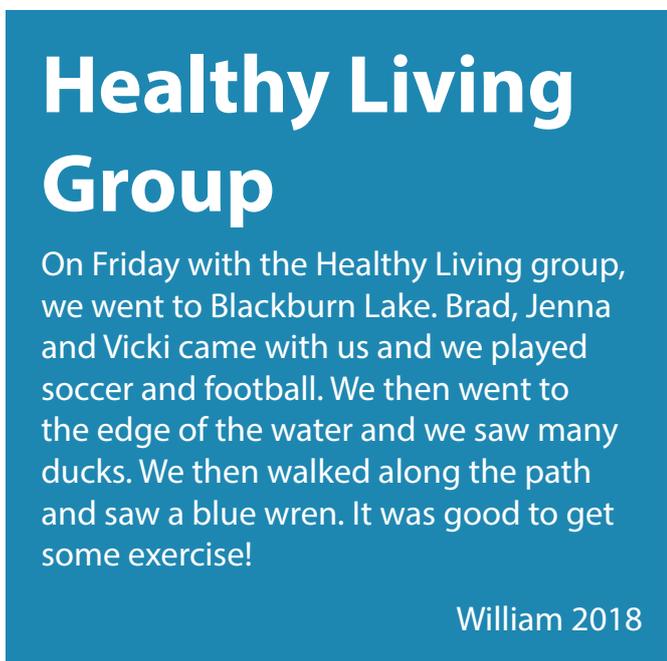
Callum 2018



Healthy Living Group

On Friday with the Healthy Living group, we went to Blackburn Lake. Brad, Jenna and Vicki came with us and we played soccer and football. We then went to the edge of the water and we saw many ducks. We then walked along the path and saw a blue wren. It was good to get some exercise!

William 2018



Swimming Tuesday

Derek looks forward to Tuesdays at Canterbury, because it is Swimming Day! The program has become very popular, and Derek looks forward to having a swim and a nice long spa afterwards.



Sailing at the Lake

Derek has been enjoying sailing at Lilydale Lake and has recently learnt how to go out on the boat independently.

Well done Derek!

Canterbury





Friday Sports Day

On Friday Sports Day, the participants decided to learn Self-Defence. We were grateful to have the local sports centre accommodate for our group.

The participants have learnt some defensive moves that are invaluable lest they ever find themselves in any trouble.

Dandenong Next Step



Volunteering

The Participants at Dandenong have been volunteering at Doveton Neighbourhood House for the last four weeks. They have been working on a gardening project which has included weeding, watering and planting of vegetables and flowers. The participants researched the plants that grow well in the cooler months, and have already sown radishes, parsnips, beans and carrots. The participants really enjoy volunteering, and their hard work is paying off as some of the seeds have begun to sprout! They have also been lucky enough to take some vegetables home to try with their families. There's nothing quite like growing your own vegetables!

