"I am 73, have been a volunteer at Burke and Beyond for over ten years and have thoroughly enjoyed the experience. It all started at Blackburn South Centre where my main role was to support the staff in running a range of programs, assisting a variety of participants improve their lifestyle and inclusion in the community. I progressed to support one to one with selected participants which included mentoring, education, friendship and general support. This was very gratifying and rewarding. The opportunity to become further involved on a different level presented itself and I joined the Board in 2013 where I was able to contribute in a broader volunteer capacity utilising my skills and knowledge gained from my working life. I currently attend Blackburn Next Step where I assist with lifestyle and living programs with younger participants which again has added another degree of satisfaction for me. If you would like to 'give' something back from your life's experience, I recommend Burke & Beyond as a starting point."

- Laurie, Volunteer

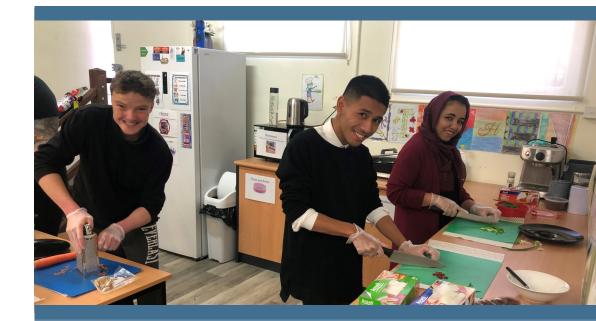
Apply through our

Website www.burkeandbeyond.org.au

Email volunteering@burkeandbeyond.org.au

Phone (03) 9886 1111





Become a Burke and Beyond Volunteer!

We support people with a disability to reach their abilities, learn new skills and build relationships. We try to match your interests with program activities, and a participants need, so volunteering is both interesting and rewarding.

Take the first step and be a part of "Inclusion that counts"

Gain new experiences!



"Give a little of myself "

"My thoughts were to give a little of myself but I quickly found out I was receiving much more back than I was giving. I have been helping with a cooking group and the aim is to help make the clients a little more independent. Each week the clients choose a dish to cook for their lunch, the next week I help them prepare the ingredients and then we cook it. It is just great to see them all have a go and enjoy what they have made."

- Sandy, Volunteer

"Everybody is very helpful, warm and understanding. I feel that it is a safe space, so even though I'm not from Australia, I felt accepted. I have learned so many things from the staff and the participants, and I have no plans of stopping. What I love the most are the stories of every unique person with a brave heart. Their goals, their struggles and success in achieving them. Burke and Beyond has inspired me to be better, keep on learning, be brave in life, thankful and to give with kindness."

- Audrey, Volunteer

